

Cherry Health

2023 Chronic Disease Self-Management Education Program Grantee



Goals

The overall purposes of this 4-year grant are to:

Goal 1: Develop capacity to increase the number of older adults and adults with disabilities who participate in evidence-based chronic disease self-management education (CDSME) and self-management support programs to empower them to better manage their chronic conditions.

Goal 2: Identify and implement one or more robust strategies that will promote the sustainability of evidence-based self-management education and self-management support programs.

Strategies and Activities

The grantee and its partners will:

- Enhance patient self-management of chronic illness to improve health outcomes.
- Increase older adults' engagement in care.
- Construct programs with an aim to reduce racial and ethnic health disparities.
- Ensure sustainability of ongoing program implementation.

Proposed Interventions

- Toolkit for Active Living with Chronic Conditions (mailed)
- Screening, Brief Intervention, and Referral to Treatment (SBIRT) (in-person and remote)

Prevention and Public Health Fund 2023, effective May 1, 2023



Partnerships

To achieve the goals of the grant, grantee will collaborate with the following key partners:

- National Kidney Foundation of Michigan
- Area Agency on Aging of West Michigan
- Community Food Club
- Senior Neighbors
- Michigan Primary Care Association

Anticipated Results

The grantee and its partners propose to achieve the following results:

- Engage 372 older adults in chronic disease self-management education programming.
- Screen 3,000 patients to assess for potential substance use disorders.
- Achieve lower blood pressure readings and A1C levels in over 70% of participants.
- Achieve improved medication adherence after completion of Chronic Disease Self-Management Program.
- Establish workflows to ensure programs are readily available to patients after the grant term ends.

Contact:

Dan Grey, MS, RN
Cherry Health
dangrey@cherryhealth.com

For more information:

Administration for Community Living
U.S. Department of Health and Human
Services Washington, DC 20201
<http://www.acl.gov>

Prevention and Public Health Fund 2023, effective May 1, 2023

